

# Patient information sheet on joining SMS Video Consultation

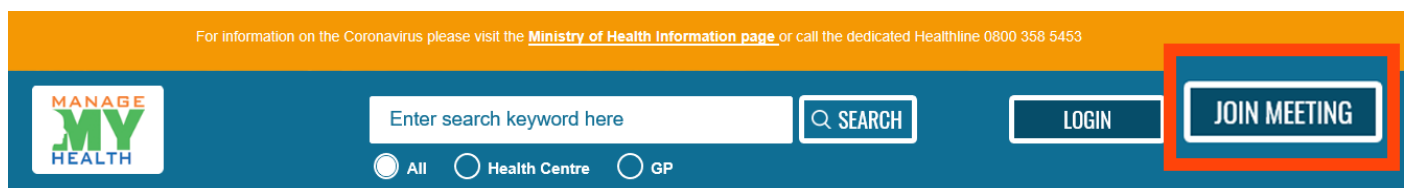
## Instructions:

Select the relevant instructions

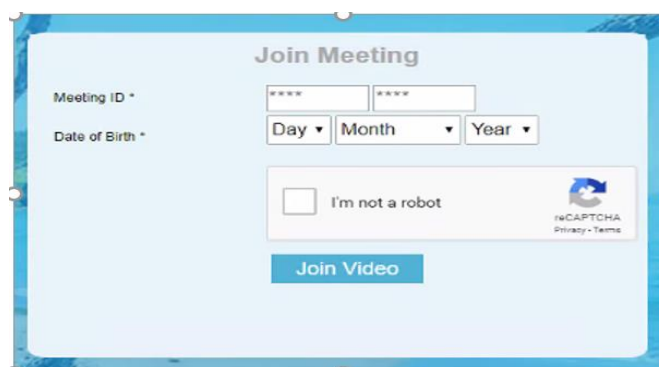
- Users on **Windows** computer using the latest version of Google Chrome browser.
- Users on **Android** devices using the latest version of Google Chrome browser
- Uses on **Apple Mac** using the latest version of Safari browser


## Joining the Video Consultation:

- Please login to ManageMyHealth website <https://www.managemyhealth.co.nz> 10 minutes before your appointment time
- Click the icon 'Join meeting'



- Enter the 8 digit code (9999-9999)
- Enter your Date of Birth
- Tick the Captcha
- Click on 'Join Video' to be connected.



- Once the video starts, click on the 'Green phone dial icon' on the top of the screen to begin the consultation 

If you encounter any problem, please call your Health Centre